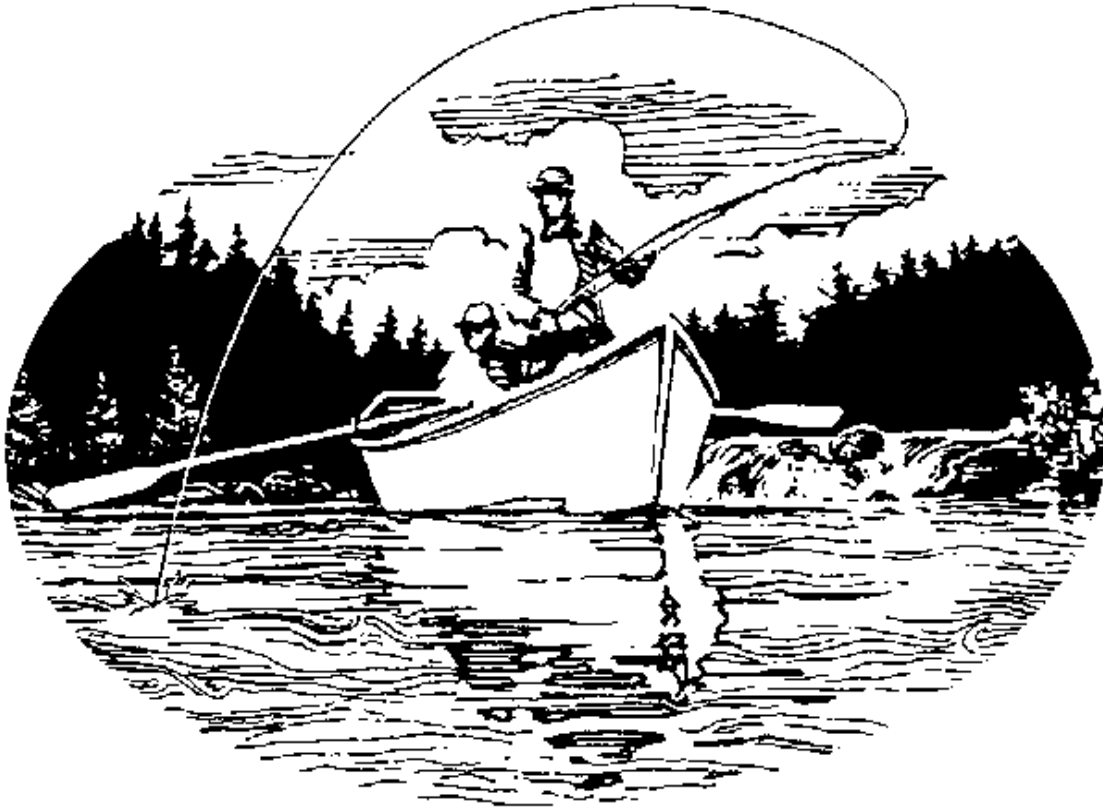


Helfrich River Outfitters Inc.
MIDDLE FORK OF THE SALMON
TRIP INFORMATION AND PLANNING GUIDE



42091 MCKENZIE HWY. SPRINGFIELD, OR 97478

EMAIL: KEN@HELFRICHOUTFITTER.COM

PHONE: (541) 896-3017

TOLL FREE: (800) 507-9889

FAX: (541) 896-3419

Travel Planning

Stanley is the departure point for our Middle Fork trips. We prefer everyone spend the evening before the trip at the Mountain Village Lodge in Stanley. You will need to confirm your room reservations with a credit card number, at least thirty days in advance (208) 774-3661. On the last day of the trip, we take-out of the river at 11:00 a.m. and then we provide transportation by bus back to Salmon.

Getting There and Back

If you are driving by personal vehicle, you should leave plenty of time to enjoy the scenic drive. If you are flying in and out of Boise or Hailey (the two closest commercial airports), you will need additional transportation into Stanley and transportation back to Boise at the end of the trip. We suggest the following options:

1. Charter two flights with Salmon Air. Fly into Stanley and out of Salmon.
2. Charter with Caldwell Bus Transportation or River Shuttles for ground transportation into Stanley and then fly out of Salmon, back to Boise on the take-out day.
3. Charter with Caldwell Bus Transportation or River Shuttles for ground transportation into Stanley and bus back to Boise on the take-out day.
4. Rent a vehicle and drive to Stanley and have that rental car shuttled to Salmon.

Personal Car & Shuttle

River Shuttles handles the shuttle and storage of vehicles. Your car will be stored in the town of Salmon during your trip. You should bring a spare key and your car should have a full tank of gas to leave from Stanley. The per vehicle shuttle fee is \$95.00 payable to River Shuttles. You will be required to fill out a vehicle release form and leave and extra key for the shuttle drivers. Rental cars are available in Boise and Sun Valley. They will be cared for in the same manner. Car shuttle arrangements will be made at the trip orientation on the afternoon prior to the trip departure.

Charter Bus

Caldwell Transportation is a reliable bus and luxury coach transportation service. [\(800\) 727-9925](tel:8007279925)

Boise to Stanley	(Bus) \$418.	(Coach) \$685.
Salmon to Boise	(Bus) \$1095.	(Coach) \$1287.
Sun Valley to Stanley	(Bus) \$270.	(Coach) \$350.
Salmon to Sun Valley	(Bus) \$680.	(Coach) \$810

Charter Van

River Shuttles offers 15passenger vans for transportation to the following: [\(800\) 831-8942](tel:8008318942)

Boise to Stanley	\$390.
Salmon to Boise	\$685.
Salmon to Sun Valley	\$495.

Flying - Charter Flight

Salmon Air is an excellent charter flight operator (800) 448-3413. Salmon Air offers transportation in both single and twin-engine aircraft. Flying cost includes guest and luggage:

Boise to Stanley	\$160. per. person including tax.
Salmon to Boise	\$190. per. person including tax.

For people needing to make a commercial flight connection on the take-out day, you can expect to be at the Boise Airport around 5:00 p.m. Many of our guests plan an extra night in Boise after the trip.

Trip Orientation

We like to have everyone meet on the back deck of the River-1 store (in Stanley) for a short trip orientation meeting at **6:00p.m** on the day before the trip departure date. This is an important opportunity for us to share with you the rules of the river, answer any questions and take care of final trip details. This is also when you will receive your waterproof bag for packing your sleeping bag and clothing, and a couple of other personal items you will need for the trip.

Alcoholic Beverages

We provide a moderate amount of beer. Wine is served with the evening meals. Alcoholic beverages are available to adult clients only. If you wish to have additional beer and wine to drink as a social beverage, you must bring your own. If you wish to have other liquors and mixers, you will need to bring your own as well. All bottles of wine, liquor and mixers need to be packed, separate from luggage in sturdy cardboard boxes for easy handling and storage. All additional beer and other additional beverages, need to be in aluminum cans only.

If you choose to pick-up beer, wine or liquor, after you arrive in Stanley, you can purchase it at the Mountain Village Mercantile, which is a short walk across the street from the Mountain Village Lodge. They have a liquor store and a good selection of beer and wine.

The Mountain Village Mercantile is open 7:00a.m. –9:00p.m. Monday through Saturday and Closed on 5pm on Sundays.

Fishing

Everyone 14 years or over needs an Idaho fishing license to fish on the Middle Fork. **Idaho law requires anglers to carry their license on them while fishing.** A six-day non-resident fishing license will cost \$36.50 per person. You can purchase your fishing license by using a credit card online at: <https://id.outdoorcentral.us> or in Stanley at the Mountain Village Mercantile, McCoy's Tackle and The River-1 Store. You can also purchase your license by phone with a credit card, by dialing **1-800-554-8685**. **All fishing on the Middle Fork and tributaries is catch and release only. All hooks must be barbless and all trout must be released unharmed. Fishing regulations on the Middle Fork are strictly enforced.** Our specially designed McKenzie River drift boats are very maneuverable and easy to fish from. Our guides are very willing to offer their expert instruction to help our clients improve their casting and fishing success.

Fishing Equipment

Each drift boat will provide complete fly-fishing outfits. Flies, leaders and related fishing equipment are also provided under the supervision of the fishing guides. If you have a favorite fly-fishing outfit, you are welcome to bring it. Fly rods should be 8 to 9 feet, with a 4 to 6 weight action. Be sure to have a reel and line to match your rod. We catch trout on the Middle Fork, on a variety of different fly patterns. The most popular patterns are: Caddis, Millers, Royal Wolfe, Stimulators, Parachutes, Humpy's, and Hoppers in size 8-12

Departure

We provide bus transportation from Stanley to Boundary Creek (put-in). Be ready to leave from the Mt. Village Lodge in Stanley at 8:00 a.m. on your trip departure date. Your bags and personal items should be packed and ready to be transferred on to the supply raft when we arrive at the river. **Please take care of all last minute items on the evening before the trip, so we can stay on schedule on the departure day.**

If you have additional luggage that you would like to leave in Stanley, you can make arrangements to leave items at the Mountain Village Lodge during the trip. We will make arrangements to have any items you leave at the Mountain Village, to be delivered to Salmon where you can pick them up on the take-out day.

Fly in Trips

If we have low water conditions, we must start our trips at Indian Creek, a Forest Service guard station about 20 miles down stream. If it is necessary to start your trip from Indian Creek, we will depart around 7:30 a.m. from the Stanley Airport for a half hour scenic flight with Salmon Air. Starting trips from Indian Creek, allows more time to enjoy the lower 80 miles of the river. Fly in trips require an additional fee of \$115. per person.

Gratuities

Our guides are all very conscientious professionals who work hard to make each guest's Middle Fork Trip a wonderful experience. Gratuities are always appreciated and generally handled through the trip leader, at the end of the trip. Gratuities are always distributed equally between the crewmembers. Most clients leave 10 to 15% of the trip cost.

Good Things to Know

- Soap, shampoo and toothpaste must not be used in the river or side streams. We set up a warm water shower and a washing facility at our camps.
- Human waste must be carried out of the wilderness. We use the latest technology toilet system for caring out human waste in a safe and sanitary manner.
- Drinking water is purified through a commercial water purifying system. Fresh drinking water is always available.
- In case of emergencies, messages can be relayed to us, through our office via satellite phone. Office number: (800) 507-9889)

What to Expect

When you arrive at the put-in our staff of friendly guides will greet you. Our guides are all very experienced and willing to share their knowledge of the river and make your six-day trip a memorable vacation. Our supply raft crew sets up a deluxe camp each day before our guests arrive. Camp amenities include, tables, chairs, a shower, privacy toilet and large private tents for each two guests. Each tent also has two cots with two 2" Thermarest sleeping pads. The passenger boats arrive to camp each day around 5:00 p.m. While the crew prepares dinner, guests have the opportunity to relax, take a shower or have a social beverage. As a guest you are not expected to help with the camp chores, but you are certainly welcome to participate by helping the guides in any camp activities and be as involved as you wish. Each evening we serve a hearty buffet of barbeque cuisine & Dutch oven baked breads complemented with plenty of fresh fruits, vegetables and desert. In the mornings, we try to be packed and ready leave camps by 9:00 a.m. to allow everyone time to spend fishing and enjoying the many splendors of the Middle Fork. Each boat is restocked each day with a small cooler and a supply of beverages and water. Lemonade or iced tea is also available during lunch hour.

What to Bring

Since all baggage must be handled and hand carried several times each day, we ask that you pack as light and compact as possible. Large and overstuffed duffel bags will not fit into the waterproof bag that are provided for your gear during the trip. River 1 in Stanley is a good source for river gear and clothing. River 1 offers a 15% discount to all our clients.

How to Pack

During the trip orientation in Stanley, each person will get a large whitewater bag to use during the trip. These large bags will serve for storing each person's personal clothing, sleeping bag and pillow, during the trip. Each person should pack their personal clothing, in a medium sized duffel bag that will fit in their whitewater bag. Sleeping bags need to be compact so they will fit in the whitewater bag as well. Rental sleeping bags are available by advanced reservation. All large whitewater bags will be

loaded on the supply raft each morning and taken ahead to the next camp. **Each person will need to bring or purchase a small waterproof day bag for personal daily items.** Personal day items should include: Rain gear, Water bottle, Sunscreen, Extra shirt, Hat, Sunglasses, Chap stick, Camera, Film, daily meds. Etc.

Suggested Personal Items

In our years of experience on the Middle Fork we have found the following personal equipment list, is all that is necessary for 6 days on the river:

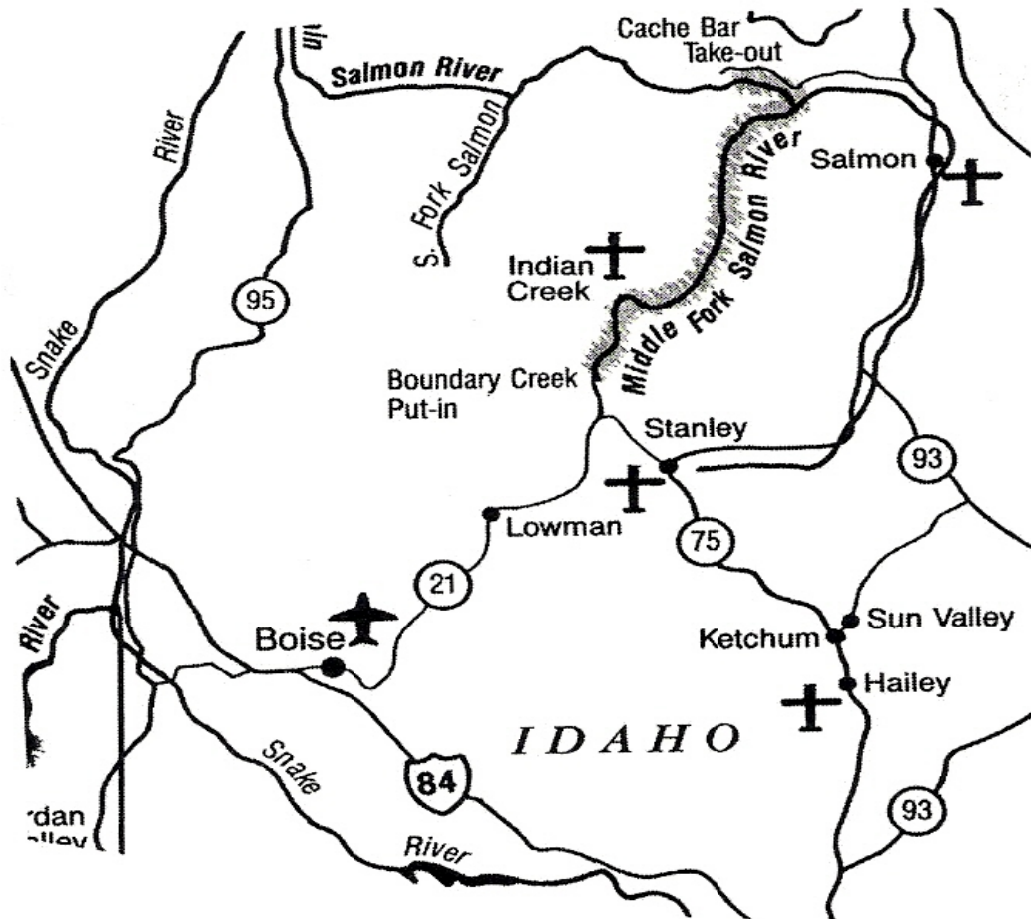
- 1—Medium size duffel bag for clothing
- 1—Small waterproof day bag (for personal daily items)
- 1—Sleeping Bag (30 degree, compact bag in stuff sack)
- 1—Small Pillow
- 1—Good lightweight rain gear (Top and bottoms, with hooded coat or rain hat)
- 1—Small flashlight with extra batteries
- 1—Sun hat
- 1—Pair of sun glasses (Polaroid with safety straps)
- 1—Pair of shoes or light hiking boots
- 1—Pair of water shoes or sandals
- 5—Pair of socks (mix of wool or fleece and cotton)
- 1—Fleece jacket or coat
- 3—T-shirts
- 3—Light weight long sleeve shirts
- 2—pair light weight pants
- 2—pair shorts or swim suit
- Underclothing
- Handkerchiefs
- Kleenex
- Towel, Washcloth
- Soap & Shampoo
- Toiletry kit (tooth brush, razor, mirror, meds and personal items)
- Sunscreen, insect repellent, skin lotion, lip protection
- Personal water bottle
- Plastic bags for soiled or wet clothing

Optional Items

- Cameras and film
- Books, Binoculars
- Lightweight games, Small Musical Instruments
- Middle Fork River Map or History Book
- Lightweight robe (for to and from the shower)

What to Leave

- Firearms & Fireworks (Prohibited in the wilderness)
- Cell phones (They do not work in the wilderness)
- Waders and large tackle boxes



Flight Times

Hailey to Stanley---30 minutes
 Boise to Stanley---45 minutes
 Salmon to Boise---1.5 hours
 Salmon to Hailey---45 minutes

Driving Times and Distance

Hailey to Stanley ---1.5 hours / 65 Miles (Hwy 75)
 Boise to Stanley—3 hours / 130 miles (Hwy. 21 or 55)
 Salmon to Boise—5.5 hours / 245 miles
 Salmon to Stanley—2.5 hours / 115 miles (Hwy 95)
 Stanley to put-in---1.5 hours / 45 miles
 Take-out to Salmon—2 hours / 60 miles

Contacts:

River 1: 208-774-2270 www.River1.com
River Shuttles: (800) 831-8942
Mt. Village Lodge in Stanley: (800) 843-5475
McCoy's Tackle (208) 774-3377
Salmon Air: (800) 448-3413 email: flying@salmonair.com
McCall Aviation: (800) 992-6559 email: info@mccallaviation.com
Caldwell Bus Transportation: (800) 727-9925
Best Western Vista Inn Boise: (800) 727-5006
Holiday Inn Express in Boise: (800) 281-4654