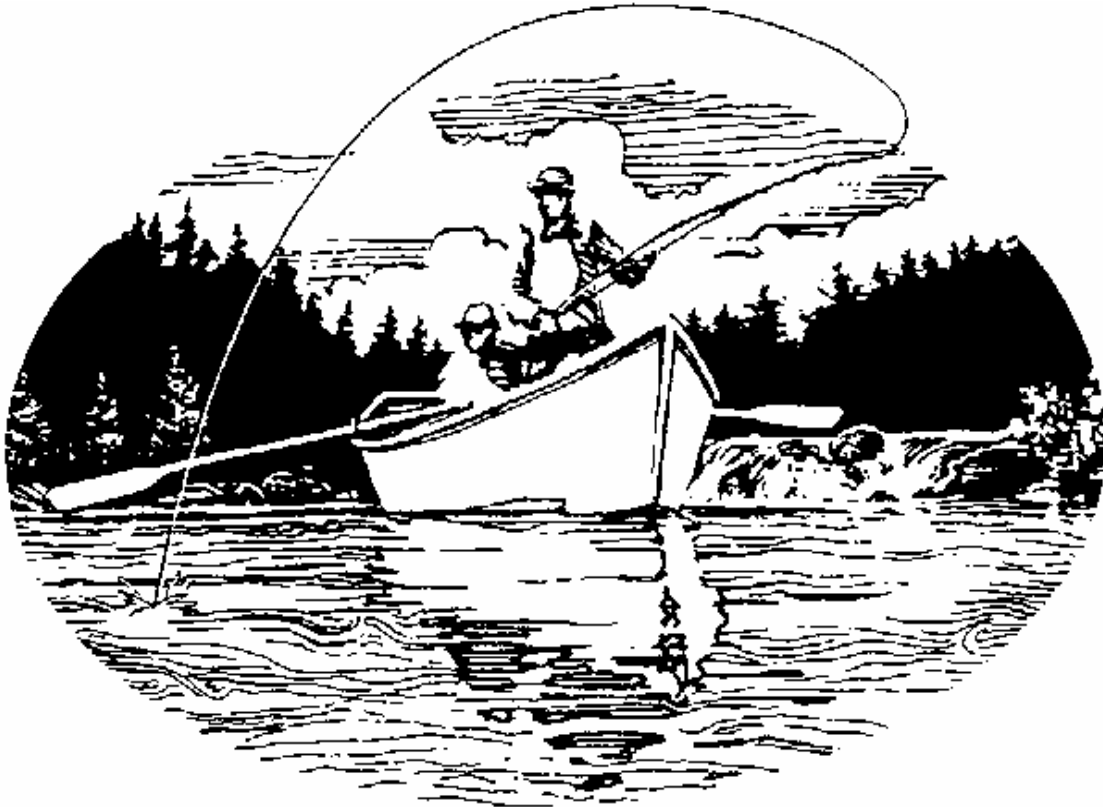


Helfrich River Outfitters Inc.
LOWER MAIN SALMON FALL FISHING & HUNTING
TRIP INFORMATION AND PLANNING GUIDE



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The Trip

During this 5-day trip, we will cover 73 river miles; 55 miles on the Lower Salmon and 18 miles of the Snake. We will have one drift boat and guide for two guests. Our camp gear and luggage is taken ahead each day, on a pontoon raft and camps are completely setup before our guests arrive. A tent for each two people, cots and comfortable sleeping pads will be provided. A portable toilet and a washing facility will also be set up at each camp. A portable hot water shower is setup and available in the evenings, before and after dinner. Meals are prepared each day by barbecuing meats over open coals, and baking breads in large Dutch ovens. Plenty of fresh salads, fruits and vegetables are prepared daily. Ice, soft drinks and fresh drinking water are always available. Wine is served with the evening meal.

Getting There

Lewiston is the closest airport departure city for the Lower Main Salmon trips. You can make airline reservations into Lewiston Airport for the night before the trip. If you plan on flying into Boise or Lewiston, additional transportation will be needed to the put-in. We prefer our guests stay at the Red Lion in Lewiston the night before the trip. You can make reservations by calling the Red Lion at 1-800-232-6730. The Red Lion offers a shuttle to or from the Lewiston airport.

Private Car Shuttle

Cars can be shuttled from Hammer Creek to Heller Bar with River Shuttles for a fee of \$130.00. Car shuttle arrangements can be made through Helfrich River Outfitters.

Charter Bus or Van

All-Ways Transportation is a reliable ground transportation service. These are the cost for their service:

Van

<u>Lewiston to Hammer Creek</u>	<u>\$200 for max of 8 people and gear in the van.</u>
<u>Lewiston to Pine Bar</u>	<u>\$150 for max of 8 people and gear in the van.</u>
<u>Heller Bar to Lewiston</u>	<u>\$120 for max of 8 people and gear in the van.</u>

Bus

<u>Lewiston to Hammer Creek</u>	<u>\$315 for max of 20 people and gear in the Bus.</u>
<u>Lewiston to Pine Bar</u>	<u>\$225 for max of 20 people and gear in the Bus.</u>
<u>Heller Bar to Lewiston</u>	<u>\$120 for max of 20 people and gear in the Bus.</u>

All-Ways Transportation can be reached at 1-877-437-5237.

Hunting

Hunting Chukars from a Driftboat allows us to often locate birds by sight or sound, and plan a hunt. We are allowed to shoot Chukars from the boats, although most hunting situations will require getting out and hunting on foot. Chukar hunting can be physically strenuous. Being in good physical condition will greatly improve your success. Idaho law does not require a plug for automatic and pump shotguns, while hunting upland birds. A non-resident small game hunting license is required at a cost of \$81.75. You can purchase your hunting license online at http://www.idfg.idaho.gov/buy_online.

Hunting Safety

We are always concerned for the safety of our guests. Although we have never had a serious injury on any of these trips, we want to keep it that way. Proper handling of firearms while in and out of the boats and while hunting is very important to everyone. We suggest each hunter wear a brightly colored vest and hat to make you visible to other hunters.

Fishing

The Salmon River has good populations of Rainbow Trout and Small Mouth Bass. Flies and small spinners seem to work best on trout. Bass can be taken on a variety of tackle, depending on the water conditions, temperature, and time of day. Flies, rubber worms, grubs and plugs, all work very well. Each boat will be equipped with rods and fishing gear, but we suggest that serious fishermen should bring their own equipment. Steelhead migrates into the Salmon River about the third week of September. Plugs and Flies are generally most effective for taking these 6 to 15 pound fighters. Each boat will be equipped with plug rods for trolling for Steelhead. Those interested in fly-fishing for Steelhead should bring their own fly rods (7# or 8#) with a floating or sink tip line.

Fishing license and steelhead tags are required for the days you plan to be fishing. **Idaho law requires anglers to carry their license on them while fishing.** A daily fishing license costs \$11.50 per day plus \$5 each day after. A 3-Day Salmon/Steelhead non-resident fishing license will cost \$31.50 per person. We recommend purchasing two 3-Day Salmon/Steelhead licenses to cover five days. You might also wish to buy a Sturgeon license. Be sure to purchase a fishing license for the type of fishing you plan on doing for the appropriate number of days. You can either purchase your fishing license at a sporting goods store or online at: http://www.idfg.idaho.gov/buy_online.

Special Needs

Please advise us if you or anyone in your group has special medical or dietary concerns such as diabetes, severe allergic reactions, respiratory problems, etc. We wish to inform our crew to help prevent potential health problems during the trip.

Beverages

During the day we provide water, soft drinks, Gatorade and juice drinks. Beer is also provided during non-hunting hours. Wine is served with the evening meals. If you wish to have additional beer and wine to drink as a social beverage, you must bring your own. If you wish to have other liquors and mixers, you will need to bring your own as well. All bottles of wine, liquor and mixers need to be packed, separate from luggage in sturdy cardboard boxes for easy handling and storage. All additional beer and other additional beverages need to be in aluminum cans only.

If you choose to pick-up beer, wine or liquor, after you arrive in Lewiston, you can purchase it at a local grocery or liquor store.

Fishing Equipment

Each drift boat will provide plug rods and spinning rods for bass and steelhead fishing. Flies, leaders and related fishing equipment are also provided. If you have a favorite fly-fishing outfit, you are welcome to bring it. Fly rods for bass and trout should be 8 to 9 feet, with a 5 to 6 weight action. Steelhead fly rods should be 7 or 8 weight with a floating or sinking tip line. Be sure to have a reel and line to match your rod. You may wish to bring an assortment of bass poppers, and bass tackle for spin fishing.

Gratuities

Our guides are all very conscientious professionals who work hard to make each guest's Middle Fork Trip a wonderful experience. Gratuities are always appreciated and generally handled through the trip leader, at the end of the trip. Gratuities are always distributed equally between the crewmembers. Most clients leave 10 to 15% of the trip cost.

Good Things to Know

- Soap, shampoo and toothpaste must not be used in the river or side streams. We set up a warm water shower and a washing facility at our camps.
- Human waste must be carried out. We use the latest technology toilet system for caring out human waste in a safe and sanitary manner.
- Drinking water is purified through a commercial water purifying system. Fresh drinking water is always available.
- In case of emergencies, messages can be relayed to us, through our office via satellite phone. Office number: (800) 507-9889

How to Pack

Each person will get a large whitewater bag to use during the trip. These large bags will serve for storing each person's personal clothing, sleeping bag and pillow, during the trip. Each person should pack their personal clothing, in a medium sized duffel bag that will fit in their whitewater bag. Sleeping bags need to be compact so they will fit in the whitewater bag as well. All large whitewater bags will be loaded on the supply raft each morning and taken ahead to the next camp. **Each person will need a small waterproof day bag or backpack for personal daily items.** Personal day items should include: Rain gear, Water bottle, Sunscreen, Extra shirt, Hat, Sunglasses, Chap stick, Camera, Film, Etc.

What to Bring

Since all baggage must be handled and hand carried several times each day, we ask that you pack as light and compact as possible. Large and overstuffed duffel bags will not fit into the waterproof bag that are provided for your gear during the trip

Suggested Personal Items

In our years of experience on the Lower Main Salmon we have found the following personal equipment list, is all that is necessary for 5 days on the river:

- 1—Medium size duffel bag for clothing
- 1—Small waterproof day bag (for personal daily items)
- 1—Sleeping Bag (20 degree, compact bag in stuff sack)
- 1—Small Pillow
- 1—Good lightweight rain gear (Top and bottoms, with hooded coat or rain hat)
- 1—Small flashlight with extra batteries
- 1—Sun hat
- 1—Pair of Sun Glasses (Polaroid's with safety straps)
- 1—Pair of water shoes or sandals
- 1—Fleece jacket or coat
- 2—T-shirts
- 1 Pair Hiking or Hunting Boots
- 1 Pair Camp Shoes
- 5 Pairs Socks (wool or fleece)
- 3—Light weight long sleeve shirts
- 2—pair pants
- 2—pair shorts
- Underclothing
- Handkerchiefs and Kleenex
- Towel, washcloth & soap
- Toiletry kit (tooth brush, razor, mirror, meds and personal items)
- Sunscreen, insect repellent, skin lotion, lip protection
- Personal water bottle
- Plastic bags for soiled or wet clothing

Hunting Equipment

- Shotgun (12 or 20 gauge)
- 5 boxes Shotgun shells
- Brightly colored shooting vest and hat

Optional Items

- Camera and film
- Binoculars
- Lightweight Waders
- Soft Gun case
- Social Beverages

What to Leave

- Fireworks (Prohibited in the wilderness)
- Cell phones (They do not work in the canyon)

Driving Times and Distance

Lewiston to Hammer Creek: 90 miles, 1 hour 45 minutes

Heller Bar to Lewiston: 40 miles, 1 hour

Boise to Hammer Creek: 210 miles, 4 hours

Lewiston to Boise: 300 miles, 5.5 hours

Trip Contacts:

River Shuttles: (800) 831-8942

McCall Aviation: (800) 992-6559 email: info@mccallaviation.com

Caldwell Bus Transportation: (800) 727-9925

All- Ways Transportation: (877) 437-5237

Red Lion in Lewiston: 1-800-232-6730

Holiday Inn Express in Lewiston: (208) 750-1600

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